

Education

Preventive Medicine Specialty and M.P.H.

Preventive Medicine Residency, University of Colorado July 2006-June 2008
Denver, School of Public Health, Denver,
Colorado

Internship

University of New Mexico Health Sciences Center, July 2002 - December 2003
Department of Pediatrics, Albuquerque, New
Mexico

M.D. Ponce School of Medicine, Ponce, Puerto Rico August 1999 - June 2002;
Transfer from Universidad Autónoma de Guadalajara, August 1997 - June 1999
México,

B.A. Major in Environmental Sciences, Minor in Spanish August 1991-
Literature, University of California at Berkeley, December 1995
College of Letters and Science, Berkeley, California,

Certifications and Associations

- Member, American College of Preventive Medicine (ACPM) since 2009
- ACPM Diabetes Prevention Program Advisory Council 2016-17
- ABPM, Specialist in Public Health and General Preventive Medicine since 2009, pending renewal
- DEA License, Schedules 2, 2N, 3, 3N, 4, 5 since 2009, Expires 4/2023
- Physician License, Medical Board of California, A93812 since 2009, Expires 4/2023
- Member, American College of Lifestyle Medicine since 2018
- ABLM, Diplomate as Certified Lifestyle Medicine Physician 10/2018
- ACLM Special Interest Groups: Health Equity throughout Lifestyle Medicine and Reimbursement since 2020
- Member, Behavioral Action Planning Faculty Development Group and the BAP Professional Network since September 2020

Camila X. Romero

Honors and Awards

ACPM Fellow	January 2018
MEDICC professional exchange of the Cuban public health care system	May 2012
Latino Caucus Student Award for American Public Health Association (APHA) Abstract Submission, APHA	October 2008
Clinical Honor in Obstetrics-Gynecology - Ponce School of Medicine	June 2002

Professional Experience

- Staff Physician*, San Diego Family Care, San Diego, California. Current, since 2014
 Work as a primary care provider for low-income, multi-ethnic populations in Linda Vista area of San Diego; Mentor for the diabetes program; Received CDC recognition for DPP 2018; Supervise Diabetes Prevention Program groups at this FQHC since 2015.
- Assistant Clinical Professor*, Preventive Medicine, Family Medicine and Public Health Department, University of California, San Diego. since 2017
 Supervise preventive medicine residents in group medical visit for chronic disease and preceptor for primary care; Co-facilitator and site leader to the Lifestyle Medicine Residency Curriculum for preventive medicine residents since 2018; Physician supervisor to the Asylum-Seekers Shelter Health Assessment Program in 2019; Resident supervisor for the Refugee Health Assessment Program 2017-2019.
- Owner*, CXR MD MPH LLC, Albuquerque, NM. 2009 -15
 Established a small business to operate as a Health Care Practitioner and Researcher

Camila X. Romero

- *General Practitioner and Supervisor*, Casa de Salud, 2009-14
 Albuquerque, NM. Practiced medicine in a primary and urgent care clinic for uninsured, mostly Spanish-speaking patients; Supervised clinic's breast & cervical cancer screening program and Kellogg foundation grant programs; Collaborated with University of New Mexico's (UNM) Departments of Health Education and Nutrition on diabetes clinical management research and community health project, since May 2013. Taught a Nutrition Master's level course on diabetes management in 2014.
- *Assistant Clinical Professor*, Internal Medicine, Department of Preventive Medicine (PM), UNM Health Sciences, 2013 -14
 Albuquerque, NM. Assisted with PM resident's community health rotation.
- *Visiting Assistant Professor*, Department of Primary Care and Family Medicine, Universidad de Chile, Santiago, Chile. 2008 -14
 Collaborated with research team, mostly in cardiovascular health research.
- *Community Health Writer*, La Cosecha Newsletter, Albuquerque, NM. Author of a monthly newsletter about nutrition and health. 2013
- *Executive Director*, Sembrando Salud, Albuquerque, NM. Direct a non-profit organization whose mission it is to relieve low-income and malnourished households through subsistence orchard-gardens. since 2008
- *Preventive Medicine Residency Practicum Year*, Denver Public Health, Denver, CO. Evaluator for health promotion programs; Practitioner in STD/Family planning clinic. 2007 – 8
- *Research Specialist*, Prevention Research Center, Albuquerque, NM. January 2005- May 2006
 Qualitative data analysis of an obesity prevention intervention for American Indian children, PATHWAYS, with QRS software.
- *Pediatrics Community Health Rotation*, Albuquerque NM. Designed and implemented nutrition education and gardening curriculum for East San Jose Elementary School. November 2003- April 2004
- *Medical School Fourth Year Elective Rotation*, Puerto Rico Branch, Center's for Disease Control, San Juan, PR. Worked with Epi-INFO on the 2002 Dengue Morbidity and Mortality report for Puerto Rico. Summer 2002

Camila X. Romero

- *Research Assistant*, Department of Public Health, San Diego State University, San Diego, CA. Educator for alcohol and tobacco prevention to children of migrant farm workers. July 1996 – February 1997
- *Clinical Outreach Assistant*, Department of Family and Preventive Medicine, UC San Diego, San Diego, CA. Recruited participants for Women’s Health Initiative clinical trial. January – May 1997

Publications/Presentations

- Cole S, Ahuja T, Jadotte Y, Koutsenok I, Hartlieb K, Romero C, Sannidhi D, Stein R, Weiner J: Teaching and Evaluating BAP-MI: A Stepped Care Approach to Self-Management Support and Health Behavior Change. Symposium at the 6th International Conference on Motivational Interviewing ((ICMI) June 2022
- Cole, SA, Jadotte Y, Romero CX, Sannidhi D, Pinto D. Brief Action Planning (BAP): A Highly-Structured and Economic, Evidence-Informed, Stepped-Care Form of Motivational Interviewing, Oral Presentation at American Psychiatric Association Conference May 2021
- Romero CX. The development and implementation of a health screening and management program for asylum seekers at the US-Mexico border, Oral Presentation for the Integrative Medicine for Underserved (IM4US) conference in Santa Clara, California August 2019
- Romero CX, Jamaledin, FA, Innovative diabetes management for monolingual Spanish-speaking patients, Poster Presentation for IM4US Conference in Portland, Oregon August 2017
- Romero T, Velez P, Glaser D, Romero CX, Do gender and race/ethnicity influence acute myocardial quality of care in a hospital with a large Hispanic population?, Cardiology Research and Practice, <http://dx.doi.org/10.1155/2013/975393> October 2013
- Page-Reeves J, Davis S, Romero CX, Chrisp E, Understanding “Agency” in the Translation of a Health Promotion Program, Prev Sci August 2013
- Romero CX, Romero T, Shlay JC, Ogden LG, Dabelea D, Changing Trends in the Prevalence and Disparities of Obesity and Other Cardiovascular Disease Risk Factors in Three Racial/Ethnic Groups of U.S. Adults, *Advances in Preventive Medicine*, Article ID 172423, doi:10.1155/2012/172423 October 2012

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- Koch E, Thorp J, Bravo M, Gatica S, Romero CX, Aguilera H, Ahlers I, Women's Education Level, Maternal Health Facilities, Abortion Legislation and Maternal Deaths: A Natural Experiment in Chile from 1957 to 2007, PLoS ONE 2012; 7(5); e36613 May 2012
- Romero CX, Dabelea D, Ogden L, Does the Epidemiologic Paradox Hold in the Presence of Risk Factors for Low Birth Weight Infants among Mexican-Born Women in Colorado?, J Health care Poor Underserved, Vol. 23 No. 2 (2012):604-614. May 2012
- Romero T, Romero CX, Stagnant Cardiovascular Prevention: Alarming Trends and Persistent Socioeconomic Obstacles, Rev Esp Cardiol 2010;63(11):1340-8 November 2010
- Romero CX, Romero T, Ogden LG, Dabelea D, Trends in the Prevalence of Cardiovascular Disease Risk Factors Among US Adults, By Race/Ethnicity, NHANES 1988-1994 and 1999-2004, Circulation 2010;122:e115 (ACC Conference) June 2010
- Koch E, Romero T, Romero CX, Aguilera H, Early Life and Adult Socioeconomic Influences on Mortality Risk: Preliminary Report of a 'Pauper Rich' Paradox in a Chilean Adult Cohort, Ann Epidemiol. 2010;20(6):487-97 June 2010
- Koch E, Romero T, Romero CX, Kirschbaum A, Impact of education and income on mortality of adults in a Chilean prospective cohort study: does a 'pauper rich paradox' in Latin American Societies?, Public Health 2010 Jan, 124(1):39-48 January 2010
- Bravo M, Romero CX, Koch E. Physical Activity Levels and Hypertension in a Developing Country: A Chilean Exploratory study of 509 patients, Oral Presentation at the World Congress for Cardiology, Beijing, China June 16-19, 2010
- Bravo M, Romero T, Sandoval D, Romero CX, Henriquez O, Koch E, Physical Activity Levels and Hypertension in a Developing Country: A Chilean Exploratory Study of 509 Patients, Circulation 2010; 122: e80. January 2010
- Koch E, Romero, T, Romero CX, et al. Impact of behavioral and biologic cardiovascular risk factors on the relationship between stature and all-cause mortality: 8-years follow-up study in a cohort of Chilean adults. Eur Heart J 2009;30(suppl):153.

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- Romero CX, Duke J, Dabelea D, Ogden L, Does the Epidemiologic Paradox Hold in the Presence of Maternal Risk Factors for Low Birth Outcomes Among Mexican-born Women?, Oral presentation at the 136th APHA Conference, San Diego, CA, (Awarded APHA Latino Caucus Award) October 27, 2008
- Romero CX, Duin E, Urbina C, Brody D, How to Design a Health Risk Assessment and Online Report Card in Three Months: “Know Your Health!” Survey, Poster presentation at the 26th Epidemiologic Research Exchange Conference, UCDHSC, Department of Preventive Medicine & Biometrics. April 11, 2008
- Berschling JD, Buhlig M, McEwen D, Romero CX, Shimomura M, A Report on the Health Status of the residents of Denver, Colorado, City of Denver Department of Environmental Health April 2008
- Romero CX, Rothbard R, Community Asset and Risk Mapping for Health Promotion Intervention Planning, Poster presentation at Culture of Data Conference, Denver, Colorado October 12, 2007
- Romero CX, Campe J, Jophlin C, Hendrikson E, Miller S, DiGuseppi C and Litt JS, Policy forces in a changing landscape: immigrants in Commerce City, Poster presentation for the 25TH Epidemiologic Research Exchange Conference, UCDHSC, Department of Preventive Medicine & Biometrics March 30, 2007
- Romero CX, Cunningham-Sabo L, Chrisp EC, Tenorio T, Werito M, Davis SM, Participatory dissemination of a school-based health promotion program in American Indian communities: Food Service Case Study Roundtable session at the 134th APHA conference, Boston MA November 2006
- García-Rivera EJ, Romero CX, Rigau-Pérez JG, Vorndam V, Dengue Branch, Centers for Disease Control and Prevention. The Temporary Disappearance of Dengue 1, 2, and 4 in the aftermath of the reintroduction of Dengue -3 in Puerto Rico; Presented at 52nd American Society of Tropical Medicine and Hygiene; Philadelphia, Pennsylvania December 3, 2003

Language and Skills

- Advanced reading, writing and speaking skills in Spanish
- Basic reading and speaking skills in French
- Basic skills in GIS, SAS AND QRS N6